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The San Diego Regional  
Lifeguard Training Program

PRESENTS

## Emergency Medical Care of the Sick & Injured

(AMERICAN RED CROSS EMERGENCY MEDICAL RESPONSE - 2018)

BLS FOR THE HEALTHCARE PROVIDER CPR/AED INCLUDED

Course #: FIPT 309B

Spring 2018

Units: 1.0

**Course Description:** This 52-hour introductory course involves lecture and hands on skills training for those individuals who have a duty to respond in emergency situations (first responders). Course involves training in knowledge and skills necessary to sustain life, reduce pain, and minimize the consequences of injury or sudden illness.

**Certifications:** The following Red Cross Certifications are awarded upon successful completion of the standardized Red Cross written exams and hands on skills tests. Emergency Medical Response certification (valid for two years), Basic Life Support for Health Care Providers CPR/AED (valid for 2 years Oxygen Administration for the Professional Rescuer (valid for one year), and Preventing Disease Transmission (blood borne pathogens). This course is consistent with the U.S. Department of Transportation (DOT) first responder curriculum and exceeds the requirements of the California Health and Safety Code (Title 22).

### COURSE DATES, TIMES & LOCATIONS

**Session #1 – Early Spring Course (CRN: 31083)**

**Tuesdays & Thursdays**

**March 6, 8, 13, 15, 20, 22, 27, 29, April 3, 5, 10, 12, 17**

**Session #2 – Late Spring Course (CRN: 31084)**

**Monday, Wednesday & Friday**

**April 23, 25, 27, 30, May 2, 4, 7, 9, 11, 14, 16, 18, 21**

**Time:** 6:00 p.m. to 10:00 p.m. (4 hrs/night).

**Meeting location(s):** San Diego Fire-Rescue Training Facility, 4347 N. Harbor Drive, Building #608, and Classroom #2. (Location subject to change, update will be available on Miramar schedule, Details page)

### HOW TO ENROLL

#### Step 1: Application & Enrollment

Fill out application and enroll at Miramar College Admissions Office, 10440 Black Mountain Road, San Diego, CA, 92126 or apply on-line at <https://studentweb.sdccd.edu/reg-e>. Students may apply at other SD Community College District campuses: City College, 1313 Twelfth Avenue, (619) 230-2475; Mesa College, 7250 Mesa College Drive, (858) 627-2682; or Educational Cultural Complex, 4343 Ocean View Boulevard, (619) 388-4883.

#### Step 2: Attend the Course

Attend first day of class. You should be enrolled by the first day of class. Books and pocket mask are due on the first day of class.

### COURSE COSTS

*(This fee is subject to legislative and gubernatorial action and may change without notice)*

	CA Resident	Non-Resident	TEXTBOOK/MATERIALS	
Tuition/Enrollment Fee	\$46/unit	\$221/unit + \$46/unit	Textbook	\$99.95* (656540)
Red Cross Cert. Fee	\$19	\$19	Workbook	\$74.95* (656541 – <i>Recommended</i> )
Health & Accident Fee	\$19	\$19	Pocket Mask	\$15.00*
Student Rep Fee	\$1	\$1	Hand Sanitizer	\$2.00*
Total CA Res. Cost	\$85	\$306	Certificates	\$15.00
			Miscellaneous	\$10.00 (Estimated)
			<b>Total Estimated Cost:</b>	<b>\$216.90</b>

\* Materials can be purchased through the American Red Cross, *Emergency Medical Response* Textbook Revised 12/2017 <https://www.redcrossstore.org/category/id/342> item #756540.

## JOBS AVAILABLE

### *"A Challenging Career Opportunity"*

This course "**American Red Cross Emergency Medical Response**" or a higher level EMS certification such as EMT is one of the minimum prerequisites for employment at the following Ocean Lifeguard agencies: Camp Pendleton, Coronado, Encinitas, Imperial Beach, North Island, Oceanside, San Diego, and Solana Beach. The same Lifeguard agencies also require "Introduction to Open Water Lifeguarding," which is also offered through Miramar College.

**Note:** Each agency has their own employment requirements that may involve additional physical fitness tests, medical examinations, drug screening, vision and hearing tests, possession of a valid California Driver's License, a legal right to work in the United States, etc.

Completion of this course does not guarantee employment. Provisions of this bulletin do not constitute an expressed or implied contract.

For Additional information please contact Sergeant Brian Clark at (619)-380-1030 or Lifeguard Training Coordinator Shanae Hymon at (619)-281-8844